



Tips on how to set your heating system

Room Temperatures/TRV's Settings examples

ROOM	TEMP °C	TRV NO.
Lounge	21	3
Kitchen/Dining	21	3
Hall	18	2
Bedrooms	18	2
Bathrooms	21	3

The TRV settings are factory calibrated as indicated in the table below.

Off	*	1	2	3	4	5	
Shut off	Frost Protection	11-13°C	Night time setting	15-17°C	19-21°C	23-25°C	27-29°C

Note: These temperatures may vary slightly, depending upon the nature of the installation (e.g. stat is measuring temperature at floor level, curtains shielding temperatures etc).

Things to Note:

- Room doors must be kept closed as will affect efficiency of system.
- The settings above are recommended for optimal efficiency.
- Once you have found a comfortable setting, we would recommend keeping this fixed.
- If room not being used thermostat can be turned down to a lower setting. We would recommend no lower than setting 4 degrees lower than standard setting.
- If other source of heating is on e.g. woodburner/rayburn, room stat can be reduced lower than standard setting.



Timings for Heating (examples):

Work Days:

- Example assuming rising for work at 7am, departing at 8.00am.
- Example assuming home from work 6pm.
- Example assuming retiring to bed at 10.30pm.

Winter Timings

TIME	Stat Temp °C
6.00	20
8.00	16
12.00	20
13.00	16
16.00	21
22.30	16

Autumn/Spring Timings

TIME	Stat Temp °C
6.30	20
8.00	16
12.00	20
13.00	16
16.30	21
22.30	16

Weekends:

- Example assuming rising for work at 9am.
- Example assuming in for most of day.
- Example assuming retiring to bed at 11.30pm.

Winter Timings

TIME	Stat Temp °C
7.30	20
8.00	20
13.00	16
15.00	20
18.00	21
22.30	16

Autumn/Spring Timings

TIME	Stat Temp °C
8.00	20
8.00	20
13.00	16
15.00	20
18.00	21
22.30	16

Example of classification of Months:

Jan	Feb	March	Apr	May	Jun	July	Aug	Sept	Oct	Nov	Dec
W	W	W								W	W
		A/S	A/S	A/S	A/S			A/S	A/S	A/S	A/S
					X	X	X	X			

X -Consider switching heating off

W -Consider Winter Timings

A/S -Consider Aut/Spring Timings